



Regional Heats: Leading to National finals on Monday 11th May Norcalympia Festival Hall Norbreck Castle Hotel, Queens Promenade Blackpool

Midlands: Tuesday 10th February 2026

Sport's Hall, Sandwell College, Central Campus, 1 Spon Lane, West Bromwich, B70 6AW

Scotland: Thursday 13th February 2026

New College Lanarkshire, Motherwell campus, 1 Enterprise Way, Motherwell, ML1 2TX

North West: Tuesday 24th February 2026

Norcalympia Festival Hall Norbreck Castle Hotel, Queens Promenade Blackpool FY2 9AA

Wales and South West: Tuesday 24th February 2026

Weston College, Weston-Super-Mare BS23 2AL

East Anglia: Monday 16th March 2026

West Suffolk College, Out Risbygate, Bury St Edmunds, Suffolk, IP33 3RL

North East: Tuesday 31st March 2026

Federation Brewery, Lancaster Road, Dunston, Gateshead NE11 9JR

Chanel Islands: TBC

Southern: TBC

See page 14 for entry details for all areas.

Open to students enrolled on core programmes for Hairdressing, Barbering, Beauty Therapy or Media Hair & Make-up, Nail services at an accredited centre.

Three competitors per full current individual member or **unlimited** competitors from any one centre with a corporate membership may be entered in only one **Area Competition** for each category: however, competition entries **remain at £15 per student per competition** despite individual or corporate membership. **All entries will be invoiced, and entries are subject to availability at each area venue. See page 14 for regional dates.**

Any member submitting entries for AHT area Competitions must be a current fully paid-up member on the **30th January 2026**.

Email: DenisejohnsonAHTcompetitions@outlook.com
Website-WWW.aht-uk.co

General rules that apply to all competitions:

1. All models and competitors must be aged 16+. Except regional 14-16 competitions.
2. Hairdressing and barbering competitions are **suitable for all hair classification types, except competition number 27.**
3. Make-up, body, and face painting are **suitable for all skin types/skin tone.**
4. **Models can be all genders;** however, competition outcomes may identify look required masculine/feminine.
5. **Competitors in all competitions must have no more than three years' experience.**
6. Please be aware that competition times will not be held up for competitors or models in other competitions that are still being judged **(except in unusual circumstances)**
7. Small back mirrors **are** allowed.
8. **All styling tools and styling products are allowed.**
9. Models are not allowed to assist with the dressing of hair, passing of pins, hair spray etc. is acceptable.
10. All models can sit or stand for judging but could be asked to sit by a jury foreperson if needed.
11. Competitors and models must not wear clothing that contains any description of their college or training centre while they are on the competition floor.
12. Mobile phones, smart phones or I Pads are not to be brought onto the competition floor **by competitors or models.** (Failure to follow this rule will result in exclusion from the competition)
13. Any infringement of any rule may result in the competitor or team being asked to leave the competition floor.
14. Colleges/training centres that are found to be breaking the rules may be disqualified and not allowed to enter the competitions for the forthcoming year.
15. Competitors cannot use additional items of furniture unless with prior agreement with the national competition director as risk assessments are required. Adaptations for disabilities if required will be considered.

HEALTH AND SAFETY RULES

All electrical equipment must display the BSI kite mark.

It is the responsibility of all colleges, training providers, competitors, and models to follow Occupational Health and Safety Regulations, Legislation, and manufacturers protocols during their competitions. Failure to do so, may result in entrants being removed from the competition floor, this includes **skin testing i.e., allergy alert, glue testing, also equipment.** Please note that competitors and models with respiratory disorders will be exposed to airborne chemical irritants – e.g., aerosols. Themed /coloured contact lenses may be added before any competition starts. By entering the competitions, you are agreeing to comply with all associated Health and Safety rules and regulations.

Covid-19

If you feel unwell or show any symptoms of COVID-19, get tested. If the test is positive, stay at home.

For the attention of all learners, parents, carers, and guardians: -

Please be aware that all competitors, models, and the audience may be filmed or photographed, as the venue is a public area, and these images may be reproduced for publicity and marketing purposes. However, the AHT will not permit the publication of any personal information relating to any competitor other than their name and place of training.

EQUALITY & DIVERSITY

AHT is committed to promoting equality of opportunity regardless of race, gender, religion or belief, marital status, sexual orientation, disability, age, size, social background, or any other criteria which is relevant.

Competition No. 1 – 10.00am prompt.

1st year commercial Blow Dry on a professional feminine ABOVE SHOULDER mannequin head.

Competitors will need to provide their own mannequin head and floor stand.

Time allowed: 30 minutes. **1 Electric socket per competitor allowed.**

Refer to general rules also on page 2.

1. The technique is traditional blow styling only.
2. The mannequin's hair must be wet with water on the competition floor prior to scrutineering.
3. **No** straighteners or curling tongs can be used to finish the style.
4. The use of scissors to trim any stray hair is **NOT** allowed.

Focus for judging will be on the modern commercial every day style, good finish.



Competition No. 2 – 10.00am prompt.

Half Body Painting: on a live model, competitors must have had no more than 3 years' experience.

Theme: **BANKSEY – INSPIRED STREET ART** **No electrical equipment can be used.**

Time allowed: 2.5 Hours to complete full upper torso from the waist, full front, back and face. All skin to be painted.

Refer to general rules also on page 2.

1. No preparation on the body or the hair before the start of the competition hair can be loosely tied up.
2. Any false nails/nail varnish etc will be expected to be painted over during the competition times.
3. Headdresses, hair pieces and bald caps may be worn & must be added during the allocated time.
4. No pre prepared skin additions are allowed.
5. No direct modelling applications and no latex.
6. Glitters, gems, jewels, feathers, and adornments can be used to enhance the body paint and must be applied within the competition time.
7. Spray colour should not be used on the skin.
8. No airbrushing allowed.
9. For health and safety reasons coloured contact lenses can be applied prior to the competition.

Please refer to health & safety rules (e.g. skin testing)

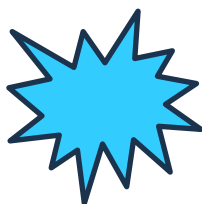
Hand-held and other props may be used to enhance but must not affect movement of the model.

All models must wear any of the following: a plain coloured bra without straps or Plain coloured bandeau top or skin toned nipple shields.

They must be applied before the start of the competition.

No pre colouring allowed all chosen coverage must be painted within the 2.5 hours

Focus for judging will be on the design which represents the theme, Good even coverage, degree of difficulty, creativity, overall look.



Competition No. 3 – 10.00am prompt.

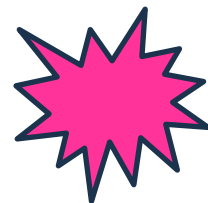
Classic Feminine Bridal hairstyling – A traditional classic feminine bridal hairstyle on a live model or professional mannequin head.

(Competitors will need to provide their own mannequin and **floor stand**)

Time allowed 45 minutes. **No electrical equipment can be used.**

Refer to general rules also on page 2.

1. Competitors to create a **timeless elegant classic hairstyle** suitable for a bride on their wedding day.
2. The head can be pre-set but not dressed.
3. Ornamentation **MUST** be used but must not cover more than 25% of the head.
4. Artificial padding is allowed but is not mandatory.
5. Added hair is not allowed (except for hair extensions that are already in the hair)
6. The use of scissors to trim any stray hair is **NOT** allowed.



Focus for judging will be on the traditional style, elegance, degree of difficulty, smoothness of finish,

Competition No. 4 – 10.00am prompt.

Authentic 1980's Make-up on a live model, all genders.

Time allowed: 45 Minutes. **No electrical equipment can be used.**

Refer to general rules also on page 2.

1. Models must be devoid of make-up at the start of the competition.
2. Create an authentic look.
3. No airbrushing or spray paint allowed.
4. Hair, costume, and any small props may be used to enhance the overall look and must be completed on the model before entering the competition floor.

Focus for judging will be on the skill of make-up application, Creativity, Neatness of application, Total effect.

Competition No.5 -10.00am prompt.

Theatrical ageing make-up on a live model, to include face, neck, and hands.

A CLEAR COLOUR PRINTED PHOTOGRAPH OF MODELS FACE devoid of make-up must be provided at the start of the competition.

Time allowed 60 minutes. **No electrical equipment can be used.**

Refer to general rules also on page 2.

1. All types of suitable theatre make-up can be used including facial postiche, but this must be applied during the allocated time.
2. Hair, wigs, and costume may be used to enhance the overall look and can be completed on the model before entering the competition floor.

Please refer to health & safety rules (e.g. skin testing)

Focus for judging will be on the degree of transformation to photograph. The Skill of make-up application, Creativity, Neatness

Competition 6 -10.00am prompt.

Creative Nail competition brought to the competition floor on a pre-prepared presentation Flat Mood Board for judging NO bigger than A4.

Theme: **SWEETS AND CHOCOLATES** Refer to general rules also on page 2.

1. Designs must feature at least three different mediums/techniques over 10 artificial nails to demonstrate your skills and talent, 2D, 3D & 4D techniques can be used.
2. Embedding cut outs, alternative tip shapes and lengths, coloured powders, UV gels, air brushing, hand painted techniques, coloured polishes, base, and topcoats, polish secures transfers and tapes, embellishments, glitters, pigments and foils, fabrics, can be used.

Focus for judging will be on the Ten decorated nails presented on a flat mood board, over which the theme is demonstrated.

Competition No. 7 – 11.00 am approx.

Barbering, Classic taper fade & Finish on a live model can be any gender.

This competition will showcase fundamental barbering skills with a focus on clean tapering and smooth fades.

Time allowed: 45 minutes. **1 Electric socket per competitor allowed.**

Refer to general rules also on page 2.

1. Competitors to produce a **masculine** classic taper and fade using traditional barbering skills.
2. No clipper art allowed.
3. Competitors **must cut hair from all sections of the head, including the hairline,** (Breaking of this rule will result in penalty points preventing placement).
4. Use of a small mobile battery-operated flashlight may be used for fading.
5. **Competitors and Models are not allowed mobile phones or Ipads.**
6. The use of a colouring product to enhance the hairline is **NOT** allowed.

Judges will observe throughout.

Competitors will be judged on precision, symmetry and finish



Competition No. 8. –11.00am approx. Regional only Competitors must be at school and aged between 14-16 years of age.

Evening Style with Ornamentation on a professional feminine UNIFORMED COLOUR mannequin head. Aligned to current curriculum.

Time allowed 30 minutes. **No electrical equipment can be used.**

Competitors will need to provide their own mannequin and floor stand.

Refer to general rules also on page 2.

1. Hair can be pre-set, curled, crimped, or blown straight at the start of the competition, but no pre-plaiting or pony tails allowed.

Focus for judging will be on the creativity, a degree of difficulty, a high standard of finish.

Competition No. 9 –11.00am approx.

Fantasy Hairstyle total look on a live model, must include added hair.

*Time allowed 30minutes. **No electrical equipment can be used.***

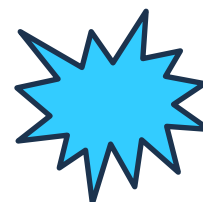
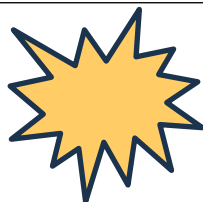
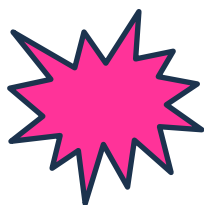
Refer to general rules also on page 2.

This event allows the competitor to exercise creativity and imagination for a total look.

1. Full freedom of techniques in hair creation.
2. **50% of the model's natural hair** must be combined/incorporated with the added hair.
3. No restriction on theme model **MUST** be dressed and make-up applied prior to the competition.
4. Prosthetics are allowed.
5. Added hair additions/ornamentation must be displayed at the start of the competition.
6. The use of scissors to trim any stray hair is allowed.

Judges will observe at frequent intervals.

*Focus for judging will be based on Inspiration, creativity and the range of hairdressing skills and techniques used, **including integration of models own hair.***



Competition No. 10-11.00am approx.

Full Face Painting on a live model competitor to produce a full facial face paint.

*Theme: **AVATAR** Time allowed: 45 Minutes. **No electrical equipment can be used.***

Refer to general rules also on page 2.

1. Models hair to be off the face and tied back.
2. Models must be devoid of make-up at the start of the competition
3. Models should wear a plain White or black tee shirt or own clothes, covered by a gown.
4. Only cream/water based/oil-based face painting products can be used.
5. No prosthetics, transfers, or spray paint allowed.
6. The finished face paint must finish at the jaw line.
7. Applied glitters and gems can be used to enhance the face paint and must be applied within the competition time. (Only the face will be judged).
8. Additional adornments including lashes are allowed but are not mandatory.

Focus for judging will be on good even coverage, degree of difficulty, creativity, overall look.

Rules are aligned to current curriculum. Please refer to health & safety rules (e.g. skin testing)



Competition No.11 – 11.00am approx.

Commercial Nail Art Gel polish on a live model. Theme: *ELEGANT AND CHIC SUMMER NAILS*

Time allowed 60 minutes. **1 electric socket per competitor.**

Refer to general rules also on page 2.

1. Competitors to produce a gel polish finish on a model with natural nails, no props can be used, and both hands must be placed on the table for judging.
2. The models natural nails must be devoid of any polish, base coat, or any nail enhancement products.
3. The nails will be scrutinised prior to the start of the competition to check that the model's nails are natural and free from any products.
4. All work must be **free hand**. No transfers, or stencils to be used.
5. LED/UV lamps must be used to cure the nails. **Lamps must be compatible with the photo initiator in the gel polish.**

(Breaking of this Industry requirement health & safety rule will result in penalty points preventing placement).

Focus for judging will be on the Symmetry, neatness, choice of colour, shine & finish, one hand mirroring the other.

Competition No. 12 – 12.00pm approx.

Commercial Feminine Cut and Blow on a professional mannequin head.

Competitors will need to provide their own **feminine** mannequin and **floor stand**.

Time allowed 45 minutes. **1 Electric socket per competitor** Refer to general rules also on page 2.

1. **Competitors must cut hair from all sections of the head** to produce a commercial look. (Breaking this rule results in penalty points preventing placement)

Cutting will be witnessed on the competition floor by Judges throughout the competition.

Focus for judging will be on the cutting skills used, creativity, degree of difficulty, good finish.

Competition No. 13 –12.00pm approx.

Current Fashion Trends in Bridal Feminine hair styling on a live model or professional female mannequin head.

*(Competitors will need to provide their own mannequin and **floor stand**)*

*Time allowed 45 minutes. **No electrical equipment can be used.***

Refer to general rules also on page 2.

- 1. Competitors are required to create a current fashion trend style; the hair may be up or down or a combination of both.*
- 2. The head can be pre-set but not dressed.*
- 3. Ornamentation **MUST** be used but must not cover more than 25% of the head.*
- 4. Artificial padding and added hair are allowed but are not mandatory.*
- 5. The use of scissors to trim any stray hair is **NOT** allowed.*

Focus for judging will be on the hairstyle that complements a bride on their wedding day, creativity, finish.

Competition 14- 12.00pm approx. *Regional only.* Competitors must be at school and aged between 14-16 years of age.

Prom themed make-up. Competitors can complete on themselves or on a live model. Aligned to current curriculum. Time allowed 45 minutes.

*Refer to general rules also on page 2. **No electrical equipment can be used.***

- 1. Models must be devoid of make-up at the start of the competition, Create a look suitable for a prom.*
- 2. No airbrushing or spray paint allowed.*
- 3. Hair, costume may be used to enhance the overall look and must be completed on the model before entering the competition floor.*

Focus for judging will be on the skill of make-up application, Creativity, Neatness of application.

Competition 15 – 12.00pm approx.

Drag Total Look on a live model A CLEAR COLOUR PRINTED PHOTOGRAPH OF MODELS FACE devoid of make-up must be provided at the start of the competition. Theme: *CYBER PUNK DRAG*

Time allowed 90 minutes. **No electrical equipment can be used.**

Refer to general rules also on page 2.

- 1. Full freedom of techniques to create total look.*
- 2. Full face and neck to be completed on the competition floor. Any other body work below this can be completed before as part of 'costume.'*
- 3. Tapes and face lift tape is allowed.*
- 4. Headdresses and or wigs may be worn & must be added during the allocated time. Models' hair can be prepared in advance for wig or headdress.*
- If using models own hair this can be pre-set- but dressed out on the floor.*
- 5. Model must be dressed prior to the competition to reflect the total look.*
- 6. No airbrushing allowed.*

Costume and props are encouraged to be used to enhance the overall look.

Please refer to health & safety rules (e.g. skin testing).

Focus for judging will be on the overall total look of the model, and the skills used.

Competition 16 – 12.00pm approx.

Masculine Beard Sculpting and Design.

Competitors are required to cut and shape a full beard on a live model.

Time allowed 20 mins. **1 Electric socket per competitor**

Refer to general rules also on page 2.

1. Competitors will create a clean, balanced, and creative beard that compliments the hairstyle.
2. All cutting tools allowed.
3. A minimum of 1cm must be removed.
4. There must be a clear difference from start to finish.



Judges will observe throughout

Focus for judging will be on clear lines and fades, symmetry and contouring, beard to haircut harmony, skin care and polish.

Competition 17 – 12.00pm approx.

Design a campaign promotional cover for Bridal Nails over 10 artificial nails.

Your promo-cover needs to **be brought to the competition floor completed and presented on a pre-prepared flat mood board NO bigger than A4 for judging.**

Refer to general rules also on page 2.

1. Designs must feature at least three different mediums/techniques over 10 artificial nails to demonstrate your skills and talent, 2D, 3D & 4D techniques can be used.
2. Embedding cut outs, alternative tip shapes and lengths, coloured powders, UV gels, air brushing, hand painted techniques, coloured polishes, base, and topcoats, polish secures transfers and tapes, embellishments, glitters, pigments and foils, fabrics, can be used.
3. Candidates must include Heading, Text, Information and Images which should show your Inspiration and creativity.

Focus for judging will be on the Ten decorated nails presented on a flat mood board, over which the theme is the focus.

No.18- 12.00pm approx... (set up from 11.30) Regional only Facial with mask.

**ONLY AVAILABLE AT AREAS THAT CAN ACCOMMODATE DUE TO SPACE & HEALTH & SAFETY
(CHECK WITH AREA CHAIRS IF COMPETITION IS AVAILABLE)**

Time allowed 45 minutes.

The treatment will reflect current industrial requirements.

1. Competitors should select a client who will be suitable to be their model **they must be wearing pre-applied foundation, mascara, and lipstick prior to the competition start.**
2. A prepared treatment/service plan must be available, which is to be updated on conclusion of the competition.
3. Treatment must include skin analysis, facial cleanse including make-up removal, mask, then finished with the application of moisturiser.

Judges will observe throughout the treatment.

Competition 19 – 1.00pm approx.

Feminine High Fashion Finish on a pre-prepared cut & coloured professional mannequin head.

Competitors are required to create their **feminine style** on a pre-cut and coloured mannequin.

Time allowed 30 minutes. **1 Electric socket per competitor.**

Competitors will need to provide their own mannequin and **floor stand**.

1. The mannequin's hair must be wet with water on the competition floor prior to scrutineering
2. Ornamentation is **NOT** allowed.
3. Curling tongs and straighteners **are** allowed.
4. The use of scissors to trim any stray hair is **NOT** allowed.

Focus for judging will be on the Individual Creativity, a degree of difficulty, a high standard of finish.

Competition No. 20 – 1.00pm approx.

Fashion magazine front cover make-up on a live model.

Theme: **HIGH FASHION BEAUTY**

Time allowed in total 45 minutes.

Refer to general rules also on page 2. **No electrical equipment can be used.**

1. Models must be devoid of make-up at the start of the competition.
2. Competitors are to create a make-up look that has been inspired by a **HIGH FASHION MAGAZINE** the look must be suitable for an editorial shoot or runway.
3. Candidates must have a planned look created on an A4 sheet of paper which shows the Magazine name which should include, Heading, Text, Information and Images which should show your Inspiration.
4. No spray paint allowed, or airbrushing allowed.
5. Hair, costume, and any small props may be used to enhance the overall look and must be completed on the model before entering the competition floor. Only the makeup will be judged.

Focus for judging will be on the application, use of products, finish, and suitability for a High Fashion magazine front cover.

Competition No. 21 – 1.00pm approx.

Barbering creative masculine cut & style on a live model can be any gender.

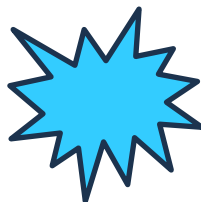
This is where art meets technique

Time allowed 45 minutes. **1 Electric socket allowed per competitor.**

Refer to general rules also on page 2.

1. Competitors must present a masculine imaginative cut & style that is bold but still practical for the salon.
2. Competitors **must cut hair from all sections of the head, including the hairline,** (Breaking of this rule results in penalty points preventing placement)
3. Use of a small mobile battery-operated flashlight may be used for fading.
4. **Competitors and Models are not allowed mobile phones or Ipads.**
5. The use of a colouring product to enhance the hairline is **NOT** allowed.

Focus for judging will be on creativity & originality, precision and control in cutting, suitability to models features.



Competition No. 22 – 1.00pm approx.

Create an Authentic injury as seen on television: on either face/neck/arm, or a combination of areas on a live model.

Time allowed 45 mins. **No electrical equipment allowed.**

Refer to general rules also on page 2.

1. Competitors to produce an injury that looks authentic.
2. No prosthetics allowed.
3. Direct modelling is allowed.

Please refer to health & safety rules (e.g. skin testing)

Focus for judging will be on the skills used and authenticity of the injury.

Competition No. 23 – 2.00pm approx.

Feminine Bridal Make-up on a live model, suitable for the wedding day.

Time allowed 45 minutes. **No electrical equipment can be used.**

Refer to general rules also on page 2.

1. Competitors to produce a **feminine** wedding make-up suitable for the day.
2. Models must be devoid of make-up at the start of the competition.
3. No airbrushing allowed.
4. Hair and bridal outfit may be used to enhance the overall look and must be completed on the model before entering the competition floor.

Focus for judging will be on the application and technique of the makeup and overall look.

Competition No. 24 - 2.00pm approx.

Feminine **60's inspired Evening Style can be on a live model or a professional mannequin head.**

Competitors are required to produce an overall **feminine** 60's hairstyle to be created on the competition floor; Hair can be up or down or a combination of both.

(Competitors will need to provide their own mannequin and **floor stand**)

Time allowed 45 minutes. **No electrical equipment allowed.**

Refer to general rules also on page 2.

1. Hair can be in its natural state or set from wet or dry.
2. NO PRE-STYLING, if twists or plaits are used as part of the set, these must be removed prior to dressing.
3. Added hair, padding or ornamentation can be used but must not cover more than 25% of the head.
4. The use of scissors to trim any stray hair is **NOT** allowed.

Focus for judging will be on the creativity, a degree of difficulty, a high standard of finish.

Competition No. 25 – 2.00pm approx.

Create an Image Based on a Theme. A team event created on a live model.

Team will consist of two competitors (1hair and 1make-up) and will be given the opportunity to work together at the same time or share the time between each other on the competition floor.

Theme: A DAY AT THE RACES

Time allowed 90 minutes. **No electrical equipment allowed.**

The overall result will be judged equally on hairdressing, make up skills and the suitability to the theme.

Refer to general rules also on page 2.

Hair Rules:

1. Competitor to execute a hairstyle suitable for chosen theme.
2. Ornamentation, hat's, added hair, padding, can be used, but must not cover more than 25% of the models own hair.
3. Hair can be pre-set, curled, crimped, or blown straight at the start of the competition, **but no pre-plaiting,** if twists, pony tails or plaits are used as part of the set, these must be removed prior to dressing.
4. Any hair additions or ornamentation or padding must be displayed at the start of the competition.
5. The use of scissors to trim any stray hair **is** allowed.

Make-up Rules:

1. Competitor to produce a **make-up** suitable for the theme.
2. Model must be devoid of make-up at the start of the competition.
3. Applied glitters, gems, jewels, feathers, and adornments can be used to enhance the make-up and must be applied within the competition time.
4. No spray paint or air brushing allowed.

Costume and props may be used to enhance the overall look of the theme and must be completed on the model before entering the competition floor. These must not hinder models' movement.

Focus for judging will be on the overall hairdressing and make-up skills, including the integration of models own hair, creativity, degree of difficulty and overall finish.

Competition No. 26 – 2.00pm approx.

Creative Mixed media nails completed and brought to the competition floor in an appropriate pre-prepared box no bigger than A4 for judging. (Nothing must overhang the individual box)

Theme ENCHANTED FOREST Refer to general rules also on page 2.

- 1, Create your design using 10 alternative tip shapes and lengths of your choice.
2. All forms of nail art and media can be used over the 10 nail tips to demonstrate your skills and talent.
3. Materials that can be used to create your design can be acrylics powder, Gel, Acrylic Paints, Nail Enamel, Top Coat, Crystals, Glitters, UV gels, air brushing, hand painted techniques, coloured polishes, base, and topcoats, embellishments, pigments and foils, fabrics etc.
4. You can decorate your box but, nothing must overhang it, only the nail art will be judged.

Focus for judging will be on the Ten decorated nail tips presented in a box, over which the theme is demonstrated.

Competition No. 27 2.00pm approx.

Feminine fashion style on type 4/3 TEXTURED HAIR on a live model or professional mannequin (Competitors will need to provide their own mannequin and floor stand.)

Time allowed: 45 minutes. 1 Electric socket per competitor only.

Refer to general rules also on page 2.

- 1. Create a fashion style on type 4/3 textured hair.*
- 2. All styling techniques can be used, if blow waving the hair must be wet at the start of the competition.*
- 3. No pre-plaiting allowed, if bands are in place these must be removed prior to the start of the competition.*
- 4. Added hair is **not** allowed.*
- 5. Ornamentation is allowed but is not mandatory.*
- 6. Curling tongs and straighteners **are** allowed.*
- 7. The use of scissors to trim any stray hair is **NOT** allowed.*

Focus for judging will be on creativity, degree of difficulty, good finish.

Competition No. 28 2.00pm approx.

Foundation/level 1/access to hairdressing blow wave on a professional mannequin head above shoulder

***ONLY AVAILABLE AT AREAS THAT CAN ACCOMMODATE DUE TO SPACE & HEALTH & SAFETY
(CHECK WITH AREA CHAIRS IF COMPETITION IS AVAILABLE)***

Competitors will need to provide their own mannequin head and floor stand.

*Time allowed: 30 minutes. **1 Electric socket per competitor allowed.***

Refer to general rules also on page 2.

- 1. The technique is traditional blow styling only.*
- 2. The mannequin's hair must be wet with water on the competition floor prior to scrutineering.*
- 3. **No** straighteners or curling tongs can be used to finish the style.*
- 4. The use of scissors to trim any stray hair is **NOT** allowed.*

Focus for judging will be on the good finish.

ENTRY FEES FOR 2026:

£15.00 per competitor per competition.

Three competitors per full current individual member or **unlimited** competitors from any one centre with a corporate membership may be entered in only one **Area Competition** for each category: however, competition entries **remain at £15 per student per competition** despite individual or corporate membership.

**** All competition entries are subject to spaces available in each area.***

Payment prior to the competition date or receipt of a purchase order is a mandatory requirement.

Please complete the AHT entry form.

The first 3 places go to National Finals from all areas. Additional finalists are allowed if the number of competitors in the competition exceeds 29

- **30-40 entries = 4 places**
- **41-50 entries = 5 places**
- **51-60 entries = 6 places**
- **61+entries = 7 places**

Forward your entries on the **official AHT entry form** to the regional area competition director.

- North West: DenisejohnsonAHTcompetitions@outlook.com
- Midlands: Dawn.Humphries@sandwell.ac.uk
- North East: lindsay.gaskill@ncl-coll.ac.uk
- Scotland: John.o'hara@nclan.ac.uk>
- Southern & East Anglia: mark.pawsey17@gmail.com
- Wales & South West: djbassett@hotmail.com - jenna.ratcliffe@weston.ac.uk
- Jersey and Guernsey: DenisejohnsonAHTcompetitions@outlook.com