



***Regional Heats:
Leading to National final 23rd May 2022
Venue: Norcalympia Festival Hall Norbreck Castle Hotel Blackpool***

North West: Tuesday 29th March 2022

Norcalympia Festival Hall Norbreck Castle Hotel, Queens Promenade Blackpool FY2 9AA

Midlands: Wednesday 30th March 2022

Borderville Sports centre, Stamford college, Ryhall road, Stamford PE9 1US

North East: Tuesday 5th April 2022

Federation Brewery, Lancaster Road, Dunston, Gateshead NE11 9JR

Wales: Tuesday 22nd March 2022 Merthyr Tydfil College, Ynysfach, CF48 1AR

or

Thursday 24th March 2022 Weston College, Weston-Super-Mare BS23 2AL

Southern: Date and venue TBC

Scotland: Saturday 2nd April 2022

Edinburgh College Granton Campus, 350 Granton road EH5 1QE

Northern Ireland Monday 4th April 2022

Southern Regional College, 7 Lonsdale road, Armagh, BT61 7HN

See page 10 for entry details for all areas

Open to students enrolled on core programmes for Hairdressing, Barbering, Beauty Therapy or Media Hair & Make-up, Nail services at an accredited centre.

*Two competitors per full current member from any one centre may be entered in only one **Area Competition** for each category.*

Any member submitting entries for Area Competitions must be on the 4th of February 2022 a full current member of the AHT.

For information on competitions please contact Denise Johnson National Competition Director:

Email: DenisejohnsonAHTcompetitions@outlook.com

Website-WWW.aht-uk.com

Competition No. 1 – 10.00am prompt sponsored by Dennis Williams

1st year Ladies Commercial Blow Dry and Finish 16 + **on a mannequin**

(Competitors will need to provide their own mannequin and **floor stand**)

Suitable for everyday wear Time allowed: 45 minutes

Refer to general rules also on page 9.

1. The technique is blow styling only.
2. The mannequin's hair must be wet with water on the competition floor prior to scrutineering.
3. Thermal irons or curling tongs can be used to finish off the blow dry but not mandatory.

Competition No. 2 – 10.00 am prompt sponsored by Barbering council

Men's Barbering Cut & Finish 16+ on a male model

Time allowed: 30 minutes.

Refer to general rules also on page 9

1. Competitors to produce a commercial style using traditional Barbering Tapering skills.
2. No clipper art allowed.
3. No pre-cutting allowed competitors **must cut hair** from all sections of the head, including the hairline, (Violation of this rule results in penalty points preventing placement)
4. Use of an open razor is allowed.
5. Use of a flashlight/mobile phone light may be used for fading.

Models can be changed for National finals due to timescale.

Judges will observe at frequent intervals

Competition No. 3 – 10.00am Prompt Sponsored by City & Guilds

Half Body Painting: for learners **who have had no more than 2 years' experience**. Models can be any gender.

Theme – **ZOO ANIMALS**- Time allowed: 3 Hours (there will be a 15-minute break after the first 90 minutes)

Refer to general rules also on page 9.

1. Students have 3 hours to complete full upper torso from the waist, full front, back and face.
2. No preparation on the body or the hair before the start of the competition. Any false nails/nail varnish etc will be expected to be painted over during the competition times.
3. No templates or stencils can be used Glitters, gems, and jewels can be used post body paint as a finish but must not cover more than 10% of the body within the time.
4. Headdresses, hair pieces and bald caps may be worn & must be added during the allocated time.
5. All make up materials including false eyelashes which are added within the allocated time can be used. No pre prepared skin additions are allowed, no direct modelling applications and no latex.
6. Application method can be brush roller or sponge.
7. Spray colour should not be used on the skin but may be used on the hair. No airbrushing allowed.
8. There must be no referral to pictures, illustrations, or photographs.
9. Competitors must provide their own protective floor and table covering.
10. Hand-held and other props and costume may be used to enhance unpainted areas of the body but must not effect movement of the model
11. Scrutineers will be in the competition area throughout the competition.

Female models can wear any of the following: Skin toned bra without straps or skin toned bandeau top or skin toned nipple covers, male models can also wear skin toned nipple covers. They must be applied before the start of the competition.

**No pre colouring allowed all chosen coverage must be painted
within the 3 hours**

Competition No. 4 – 10.00am Prompt

Half Body Painting for **HIGHER LEVEL** learners. Models can be any gender

Theme – **ROBOTS**- Time allowed: 3 Hours (there will be a 15-minute break after the first 90 minutes)

Refer to general rules also on page 9.

1. Students have 3 hours to complete full upper torso from the waist, full front, back and face.
2. No preparation on the body or the hair before the start of the competition. Any false nails/nail varnish etc will be expected to be painted over during the competition times.
3. No templates or stencils can be used, Glitters, gems, and jewels can be used post body paint as a finish but must not cover more than 10% of the body within the time.
4. Headdresses, hair pieces and bald caps may be worn & must be added during the allocated time.
5. All make up materials including false eyelashes which are added within the allocated time can be used. No pre prepared skin additions are allowed, no direct modelling applications and no latex.
6. Application method can be brush roller or sponge.
7. All airbrushing techniques can be used on the face and body. This will include the use of stencils and masking techniques. Airbrushing is optional and you will not be penalised if you decide not to use it. Scrutineers will check for safe use of products and psi levels for the safety of those around you. Hair spray canister colour may only be used on the hair.
8. There must be no referral to pictures, illustrations, or photographs.
9. Competitors must provide their own protective floor and table covering.
10. Hand-held and other props and costume may be used to enhance unpainted areas of the body but must not effect movement of the model
11. Scrutineers will be in the competition area throughout the competition.

Female models can wear any of the following: Skin toned bra without straps or skin toned bandeau top or skin toned nipple covers, male models can also wear skin toned nipple covers. They must be applied before the start of the competition.

No pre colouring allowed all chosen coverage must be painted within the 3 hours

Competition No. 5 – 10.00am Prompt sponsored by HABIA

Authentic classic 1920'S Make-up on a female model

Time allowed: 45 Minutes

Refer to general rules also on page 9.

1. Create an authentic look from the 1920's.
2. No diagrams, pictures, or photographs to assist the competitor allowed. No prosthetics, stencils, transfers or spray paint allowed. No cut out sponges or tape allowed.
3. No airbrushing allowed
4. Models must be devoid of make-up at the start of the competition.
5. Any preparation e.g., false eyelashes etc. prior to the start or the competition are not allowed but can be applied during the allocated time.
6. Models must have no eyelash extensions, micro blading on eyebrows or any other form of cosmetic make up enhancement.
7. Hair, costume and any small props may be used to enhance the overall look and must be completed on the model before entering the competition floor. Only the makeup will be judged.

Competition No.6 -10.00am prompt Sponsored by City & Guilds

Gender Transformation (NOT DRAG or CHARACTER make-up)

Time allowed 90 minutes Refer to general rules also on page 9

Competitors will produce a total look Gender Transformation make-up on a female or male model.

A4 coloured photo of model devoid of make-up to be provided

1. No diagrams, pictures, or photographs to assist the competitor allowed.
2. Models must be devoid of all make-up at the start of the competition.
3. Models must have no eyelash extensions, micro blading on eyebrows or any other form of cosmetic make up enhancement.
4. Model **must** be dressed prior to the competition to reflect the total look.
5. Wigs and facial hair may be worn but must be added during the allocated

Competition 7 -10.00am approx. sponsored by CENGAGE

Creative Nail competition Mood Board: not on model

Theme – **INSECTS** Refer to general rules also on page 9.

1. Judges will be looking for 10 decorated nails presented on an A4 mood board, over which the theme is demonstrated.
2. Designs must feature at least 3 different mediums/techniques to demonstrate your skills and talent, 2D, 3D & 4D techniques can be used, embedding, cut outs, alternative tip shapes and lengths, coloured powders, UV gels, air brushing, hand painted techniques, coloured polishes, base, and topcoats, polish secures transfers and tapes, embellishments, glitters, pigments and foils, fabrics.
3. Your entry must be accompanied by a step-by-step folder/booklet no more than 3 to 4 pages long with step by step photos of your work in progress.

Competition No. 8. –11.00am approx. Regional only

School 14 to 16 only Evening Style with Ornamentation **on a mannequin**

Time allowed 30 minutes. Refer to general rules also on page 9.

Open to trainees who are on a 14 to 16 only schools training programme at the time of the National Final in June 2021

1. Competitors will need to provide their own mannequin and **floor stand**. Costume, Jewellery and Make-up **can** be applied to the mannequin or stand if the competitor wants to
2. Hair can be pre-set, curled, crimped, or blown straight at the start of the competition, **but no pre-plaiting**
3. No electrical equipment allowed
4. Mannequin must be of one uniform colour.

Competition No. 9 –11.00am approx. sponsored by HABIA

Fantasy Hairdressing total look

Time allowed 30minutes Refer to general rules also on page 9.

1. This event allows the competitor to exercise creativity and imagination for a total look on a **Male or Female Model**.
2. Full freedom of techniques in hair creation, no restriction on theme model **CAN** be dressed and make-up applied prior to the competition Prosthetics allowed.
3. Any hair additions/ornamentation must be displayed at the start of the competition
4. No electrical equipment can be used.

Judging will be based on Inspiration, creativity and the range of hairdressing skills and techniques used.

Judges will observe at frequent intervals

Competition No. 10 -11.00am approx. sponsored by Hairdressing council

Ladies Evening Style can be on a live model or mannequin.

(Competitors will need to provide their own mannequin and **floor stand**)

Time allowed 45 minutes Refer to general rules also on page 9.

1. Competitors are required to produce an overall look to be created on the competition floor hair can be up or down or a combination of both.
2. Hair can be in its natural state or set from wet or dry, NO PRE-STYLING
3. If twists or plaits are used as part of the set, these must be removed prior to dressing.
4. No electrical equipment can be used.
5. Ornamentation if used and made from real or synthetic hair will be classed as postiche.
6. Postiche if used must be brought to the competition floor either straight or in setting rollers or pin curls to be added during the time allowed.

Judging will be based on Inspiration, creativity and the range of hairdressing skills and techniques used.

Competition No. 11-11.00am approx. Sponsored by City & Guilds

16+ Full Face Painting

Theme **HALLOWEEN** Time allowed: 45 Minutes. Refer to general rules also on page 9

1. Competitors to produce a facial face paint on a **male or female model**
2. Models hair should be scraped back from the face and models should wear a plain White or black tee shirt – only the face will be judged
3. Only cream/water based/oil-based face painting products can be used
4. No prosthetics, stencils, transfers, or spray paint allowed.
5. Models must be devoid of make-up at the start of the competition.
6. The finished face paint must finish at the jaw line.
7. No photographs or diagrams allowed.
8. Gems, feathers and glitter can be used BUT NO MORE THAN 10% COVERAGE
9. False eyelashes if used must be applied during the competition time allowed.

Competition No. 12 –11.00am approx. **Regional only**

16+ E3 Inclusive skills long hair fashion style to include a plait and ornamentation, on a mannequin

Time allowed 45 minutes.

Refer to general rules also on page 9.

1. Learners must be working towards Entry level 3.
 2. No electrics allowed.
 3. Competitors will need to provide their own mannequin and **floor stand**.
 4. All styling products, brushes, combs, pins, clips, and elastic bands are allowed.
 5. No added hair is allowed.
 6. Ornamentation must be used to complement the style but must not be made from real or synthetic hair, it must not cover more than 25% of the head.
 7. Mannequin must be of one uniform colour.
- *Competitors can receive agreed support during the competition that is outlined in their support statement.

Competition No. 13 –12.00pm approx. Sponsored by Wahl

Ladies Commercial Cut and Blow on a mannequin

Time allowed 45 minutes.

Refer to general rules also on page 9.

Competitors will need to provide their own mannequin and **floor stand**.

1. Competitors are required to produce a commercial style of their choice on a mannequin.
2. No pre - cutting allowed, competitors **must cut hair** from all sections of the head to produce a commercial look. (Violation of this rule results in penalty points preventing placement)
3. Cutting will be witnessed on the competition floor by scrutineers and Judges.
4. Thermal irons can be used to finish off the blow wave but only one plug socket per competitor.

Competition No. 14 –12.00pm approx. Sponsored by VTCT

Bridal hair styling on a female model or mannequin

(Competitors will need to provide their own mannequin and **floor stand**)

Time allowed 45 minutes

Refer to general rules also on page 9.

Hair Rules:

1. Competitors to execute a hairstyle to complement a bride on her wedding day. Headdresses must not cover more than 25% of the head.
2. No electrics allowed

Competition No. 15 –1.00pm approx.

Bridal make-up on a female model

Time allowed 45 minutes

Refer to general rules also on page 9.

Make-up Rules:

1. Competitors to produce a bridal make-up.
2. No diagrams, pictures, or photographs to assist the competitor allowed.
3. Models must be devoid of make-up at the start of the competition. Semi - permanent Lashes, make-up, Brows, Eyeliner and Lip liner are **NOT** allowed, if using false eye lashes, they must be added during the time allowed.
4. No prosthetics

Competition 16- 1.00pm approx. Regional only Sponsored by Louella Belle

Time allowed 45 minutes

Refer to general rules also on page 9

14 to 16 only Competition Prom make-up on a **model or themselves**.

Open to trainees who are on a 14 to 16 schools training programme at the time of entry.

1. Competitors to produce a facial make-up suitable for a prom.
2. Semi-permanent Lashes, make-up, Brows, Eyeliner and Lip liner are **NOT** allowed.
3. If using false eye lashes, they must be added during the make-up application.
4. No prosthetics or spray paint allowed. No cut out sponges allowed.

Competition 17 – 1.00pm approx. Sponsored by City & Guilds

Ladies fashion finish on a cut & pre-coloured mannequin

Time allowed 30 minutes

Refer to general rules also on page 9

*Competitors will need to provide their own mannequin and **floor stand**.*

- 1. Competitors are required to create their style on a pre-cut and coloured mannequin*
- 2. Hair can be straight or in rollers and pins before the start of the competition.*
- 3. Ornamentation is not allowed.*
- 4. No added hair is allowed*
- 5. All styling tools and styling products are allowed.*
- 6. 1 Electric socket per competitor.*

Competition No. 18 – 1.00pm approx. sponsored by Dennis Williams

Gents barbering creative cutting & finish on a pre-coloured model

Time allowed 45 minutes.

Refer to general rules also on page 9.

- 1. Competitors to produce a creative cut and finish on pre-coloured hair.*
- 2. No pre-cutting allowed competitors **must cut hair** from all sections of the head, including the hairline, (Violation of this rule results in penalty points preventing placement)*
- 3. Use of an open razor is allowed.*
- 4. Use of a flashlight/mobile phone light may be used for fading.*
- 5. All styling tools and styling products are allowed.*
- 6. 1 Electric socket per competitor*

Competitors will be judged on inspiration, creativity, and degree of difficulty

Competition No.19 – 1.00pm approx. sponsored by Dennis Williams

Commercial nail art Gel polish Nail Theme *suitable for a client going on a summer holiday*

Time allowed 60 minutes

Refer to general rules also on page 9.

- 1. Competitors to produce a gel polish finish on a model with natural nails.*
- 2. **Judging will be on the nails only**, to include symmetry, neatness, choice of colour, shine & finish, no props can be used, and both hands must be placed on the table for judging*
- 3. All work must be **free hand**. No transfers, stencils, or stencils to be used.*
- 4. LED/UV lamps must be used to cure the nails. **You must provide your own lamps**.*
- 5. The models natural nails must be devoid of any polish, base coat, or any nail enhancement products.*
- 6. The nails will be scrutinised prior to the start of the competition to check that the model's nails are natural and free from any products.*
- 7. No visual aids.*
- 8. No Jewellery except a wedding band allowed.*
- 9. Manufacturers application instructions must be followed.*

Competition No. 20 – 1.00pm approx. Sponsored by Louella Belle

Ladies Editorial Make-up **inspired by the 1920's on a female model**

Time allowed in total 45 minutes. Refer to general rules also on page 9.

1. Create a make-up that has been inspired by the 1920's (ensure this is suitable for an editorial shoot or runway).
2. No diagrams, pictures, or photographs to assist the competitor allowed. No prosthetics, stencils, transfers or spray paint allowed. No cut out sponges or tape allowed.
3. No airbrushing allowed
4. Models must be devoid of make-up at the start of the competition.
Any preparation e.g., false eyelashes etc. prior to the start or the competition are not allowed, these can be added but must be within the allocated time.
5. Judging will be based on the application, use of products, finish, and suitability for a commercial magazine cover.
6. Models must have no eyelash extensions, micro blading on eyebrows or any other form of cosmetic make up enhancement.
7. Hair, costume and any small props may be used to enhance the overall look and must be completed on the model before entering the competition floor. Only the makeup will be judged.

Competition No. 21 – 1.00pm approx.

New competition: Create an image based on a theme: Theme Carnival

Time allowed 80 minutes Model can be any gender.

The overall result will be judged equally on hairdressing, make up skills and the suitability to the theme.

Refer to general rules also on page 9.

Hair Rules:

1. Competitor to execute a hairstyle suitable for chosen theme CARNIVAL. Ornamentation, hat's, added hair etc. must not cover more than 25% of the head.
2. Electrics allowed.

Make-up Rules:

1. Competitor to produce a make-up suitable for the theme CARNIVAL
2. No diagrams, pictures, or photographs to assist the competitor allowed.
3. Model must be devoid of make-up at the start of the competition. Semi - permanent Lashes, make-up, Brows, Eyeliner and Lip liner and tape are **NOT** allowed, if using false eye lashes, they must be added during the time allowed.
4. No prosthetics
5. Model must have no eyelash extensions, micro blading on eyebrows or any other form of cosmetic make up enhancement.

Costume and props may be used to enhance the overall look of the theme, and must be completed on the model before entering the competition floor. These must not hinder models' movement.

General rules that apply to all competitions:

1. Please be aware that competition times will not be held up for models in other competitions that are still being judged **(except in unusual circumstances)**
2. Small back mirrors are allowed.
3. Models are not allowed to assist with the dressing of hair, passing of pins, hair spray etc. is acceptable.
4. All models can sit or stand for judging but could be asked to sit by a jury foreman if needed.
5. Competitors and models must not wear clothing that contains any description of their college or training centre while they are on the competition floor.
6. Competitions requiring a photograph at the start must follow rules for size of picture. **NO PHONE PICTURES AND NO PASSPORT PICTURES.**
7. Mobile phones, smart phones or I Pads are not to be brought onto the competition floor by models. (Failure to follow this rule will result in exclusion from the competition)
8. Any infringement of any rule may result in the competitor or team being asked to leave the competition floor.
9. Colleges/training centres that are found to be breaking the rules will be disqualified and not allowed to enter the competitions for the forthcoming year.
10. Models can be changed for National finals.
11. Competitors cannot use additional items of furniture unless with prior agreement with the national competition director as risk assessments are required. Any adaptations for disabilities if required will be considered.
12. **All models must be 16+. Except in competition number 16**
13. Hairdressing and barbering competitions are suitable for all hair classification types.
14. Make-up, body, and face painting are suitable for all skin types/colour.

HEALTH AND SAFETY RULES

It is the responsibility of all colleges, training providers, competitors, and models to follow Occupational Health and Safety Regulations and Legislation during their competition, failure to do so may result in them being removed from the competition floor, this includes skin testing, glue testing, also equipment e.g., portable beds etc.

Please note that competitors and models with respiratory disorders will be exposed to airborne chemical irritants – e.g., Aerosols.

All electrical equipment must be PAT tested and labelled accordingly

By entering the competitions, you are agreeing to comply with All Health and Safety rules and regulations.

Covid-19

The situation is continuously evolving as we monitor and respond to Covid-19 national and regional infection levels, and how these affect our normal activities.

Different requirements may need to be tightened or relaxed in response to data and it is important to keep abreast of any legal requirement or amendment in this respect

For the attention of all learners, parents, and guardians: -

Please be aware that all competitors, models, and the audience may be filmed or photographed, and these images may be reproduced for publicity purposes.

ENTRY FEES FOR 2022:

£10.00 per competitor per competition, enter 4 competitors in any competition/s and get a 5th competitor FREE!!!!

The first 3 places go to National Finals from all areas. Additional finalists are allowed if the number of competitors in the competition exceeds 29

- **30-40 entries** = 4 places
- **41-50 entries** = 5 places
- **51-60 entries** = 6 places
- **61+entries** = 7 places

Forward your entries to the regional area competition director:

- North West: DenisejohnsonAHTcompetitions@outlook.com
 - Midlands: robhaird@hotmail.co.uk
- North East: lindsay.gaskill@ncl-coll.ac.uk
- Scotland: mainmarion1@gmail.com
- Southern: mark.pawsey17@gmail.com
 - Wales: djbassett@hotmail.com
- Northern Ireland: hughesh@src.ac.uk

The AHT would like to thank the following sponsors:



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