



VTCT



ITEC



SKILLSFIRST

Regional Heats:

Leading to National final on Monday 13th May 2024

Venue: Norcalympia Festival Hall Norbreck Castle Hotel Blackpool

North West: Monday 26th February 2024

Norcalympia Festival Hall Norbreck Castle Hotel, Queens Promenade Blackpool FY2 9AA

Midlands: Monday 18th March 2024

Sport's Hall, Sandwell College, Central Campus, 1 Spon Lane, West Bromwich, B70 6AW

North East: Tuesday 19th March 2024

Federation Brewery, Lancaster Road, Dunston, Gateshead NE11 9JR

Wales:

South: Monday 5th February 2024: Merthyr Tydfil college, Ynysfach, CF48 1AR.

North: 29th February 2024: Coleg Cambria – Yale campus Wrexham LL12 7AB.

South West: Tuesday 20th February 2024

Weston College, Weston-Super-Mare BS23 2AL

Southern: Wednesday 27th March 2024

John Ruskin College Selsdon Park Road, South Croydon, CR2 8JJ

Scotland: Wednesday 27th March 2024:

Dundee and Angus college Kingsway campus Old Glamis Road Dundee DD3 8LE

See page 11 for entry details for all areas.

Open to students enrolled on core programmes for Hairdressing, Barbering, Beauty Therapy or Media Hair & Make-up, Nail services at an accredited centre.

Two competitors per full current member from any one centre may be entered in only one **Area Competition** for each category.

Any member submitting entries for Area Competitions must be a current full paid up AHT member on the **2nd of February 2024** a full current member of the AHT.

Email: DenisejohnsonAHTcompetitions@outlook.com



General rules that apply to all competitions:

1. All models and competitors must be aged 16+. Except regional 14-16 competitions.
2. Hairdressing and barbering competitions are **suitable for all hair classification types.**
3. Make-up, body, and face painting are **suitable for all skin types/skin tone.**
4. **Models can be all genders;** however, competition outcomes may identify look required masculine/ feminine.
5. **Competitors in all competitions must have no more than three years' experience. Except in higher level Body painting.**
6. Please be aware that competition times will not be held up for models in other competitions that are still being judged (**except in unusual circumstances**)
7. Small back mirrors **are** allowed.
8. **All styling tools and styling products are allowed.**
9. Models are not allowed to assist with the dressing of hair, passing of pins, hair spray etc. is acceptable.
10. All models can sit or stand for judging but could be asked to sit by a jury foreperson if needed.
11. Competitors and models must not wear clothing that contains any description of their college or training centre while they are on the competition floor.
12. Competitions requiring a photograph at the start must follow rules for size of picture.
13. Mobile phones, smart phones or I Pads are not to be brought onto the competition floor **by models.** (Failure to follow this rule will result in exclusion from the competition)
14. Any infringement of any rule may result in the competitor or team being asked to leave the competition floor.
15. Colleges/training centres that are found to be breaking the rules may be disqualified and not allowed to enter the competitions for the forthcoming year.
16. Competitors cannot use additional items of furniture unless with prior agreement with the national competition director as risk assessments are required. Adaptations for disabilities if required will be considered.

HEALTH AND SAFETY RULES

All electrical equipment must display the BSI kite mark.

*It is the responsibility of all colleges, training providers, competitors, and models to follow Occupational Health and Safety Regulations, Legislation, and manufacturers protocols during their competitions. Failure to do so, may result in entrants being removed from the competition floor, this includes **skin testing i.e., allergy alert, glue testing, also equipment.** Please note that competitors and models with respiratory disorders will be exposed to airborne chemical irritants – e.g., aerosols. Themed /coloured contact lenses may be added before any competition starts. By entering the competitions, you are agreeing to comply with all associated Health and Safety rules and regulations.*

Covid-19

The situation is continuously evolving as we monitor and respond to Covid-19 national and regional infection levels, and how these affect our normal activities. Different requirements may need to be tightened or relaxed in response to data and it is important to keep abreast of any legal requirement or amendment in this respect.

For the attention of all learners, parents, carers, and guardians: -

Please be aware that all competitors, models, and the audience may be filmed or photographed, as the venue is a public area, and these images may be reproduced for publicity and marketing purposes. However, the AHT will not permit the publication of any personal information relating to any competitor other than their name and place of training.

Competition No. 1 – 10.00am prompt. Sponsored by City & Guilds.

1st year commercial Blow Dry and Finish on a professional feminine above shoulder mannequin head. Competitors will need to provide their own mannequin head and floor stand.

Time allowed: 45 minutes. **1 Electric socket per competitor allowed.**

Refer to general rules also on page 2.

1. The technique is blow styling only.
 2. The mannequin's hair must be wet with water on the competition floor prior to scrutineering. Straighteners or curling tongs can be used to finish the style, this is not mandatory. Focus for judging will be on the modern commercial every day style, good finish.
- The winner will also receive a 12-month premium account on Stylebook Directory.**



Competition No. 2 – 10.00am prompt. Sponsored by City & Guilds.

Half Body Painting: on a live model, competitors must have had no more than 3 years' experience.

Theme: **SEASONS** **No electrical equipment can be used.**

Time allowed: 2.5 Hours to complete full upper torso from the waist, full front, back and face. All skin to be painted.

Refer to general rules also on page 2. **No electrical equipment can be used.**

1. No preparation on the body or the hair before the start of the competition hair can be loosely tied up, any false nails/nail varnish etc will be expected to be painted over during the competition times.
2. Headdresses, hair pieces and bald caps may be worn & must be added during the allocated time. No pre prepared skin additions are allowed, no direct modelling applications and no latex. Individually applied glitters, gems, jewels, feathers, and adornments can be used to enhance the body paint and must be applied within the competition time.
3. Spray colour should not be used on the skin. No airbrushing allowed. Competitors **must provide their own protective chair, floor and table covering,**

Hand-held and other props may be used to enhance but must not affect movement of the model.

All models must wear any of the following: Skin toned bra without straps or skin toned bandeau top or skin toned nipple shields.

They must be applied before the start of the competition.

No pre colouring allowed all chosen coverage must be painted within the 2.5 hours

Focus for judging will be on the A design which represents the theme, Good even coverage, degree of difficulty, creativity, overall look.



Competition No. 3 – 10.00am prompt. Sponsored by NHBF

Half Body Painting for HIGHER LEVEL competitors 3 years plus experience on a live model.

1 Electric socket per competitor allowed.

Theme: **THE WORK OF VIVIENNE WESTWOOD**- Time allowed: 2.5 Hours to complete full upper torso from the waist, full front, back and face. All skin to be painted.

1. No preparation on the body or the hair before the start of the competition hair can be loosely tied up, any false nails/nail varnish etc will be expected to be painted over during the competition times.
2. All make up materials can be used. No pre prepared skin additions are allowed, no direct modelling applications and no latex. Headdresses, hair pieces and bald caps may be worn & must be added during the allocated time. Individually applied glitters, gems, jewels, feathers, and adornments can be used to enhance the body paint and must be applied within the competition time.
3. All airbrushing techniques can be used on the face and body. Airbrushing is **optional**, Scrutineers will check for safe use of products and psi levels for the safety of those around you.
4. Competitors **must provide their own protective chair, floor and table covering.**

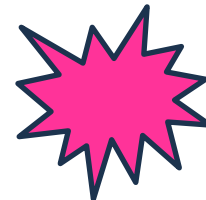
Hand-held and other props may be used to enhance but must not affect movement of the model.

All models must wear any of the following: Skin toned bra without straps or skin toned bandeau top or skin toned nipple shields.

They must be applied before the start of the competition.

No pre colouring allowed all chosen coverage must be painted within the 2.5 hours

Focus for judging will be on the design which represents the theme, Good even coverage, degree of difficulty, creativity, overall look.



Competition No. 4 – 10.00am prompt.

Authentic (true to the period) 1960's Make-up on a live model.

Time allowed: 45 Minutes. **No electrical equipment can be used.**

Refer to general rules also on page 2.

1. Models must be devoid of make-up at the start of the competition, Create an authentic look. No airbrushing or spray paint allowed.
2. Hair, costume and any small props may be used to enhance the overall look and must be completed on the model before entering the competition floor.
Only the makeup will be judged.

Focus for judging will be on the skill of make-up application, Creativity, Neatness of application, Total effect.

Competition No.5 -10.00am prompt.

Gender Transformation (NOT DRAG or CHARACTER make-up) on a live model.

Models must be devoid of all make-up at the start of the competition.

Time allowed 60 minutes. **No electrical equipment can be used.**

Refer to general rules also on page 2.

Competitors will produce a total look masculine to feminine or feminine to masculine make-up.

A4 coloured photo of model devoid of make-up to be provided.

1. Model **must** be dressed prior to the competition to reflect the total look, Wigs and facial hair may be worn but must be added during the allocated time.

Focus for judging will be on the degree of transformation, the Skill of make-up application, creativity.

Competition 6 -10.00am prompt.

Creative Nail competition judged on a pre-prepared presentation Mood Board: not on model.

Theme: **SPIRITUAL BELIEFS** Refer to general rules also on page 2.

1. Designs must feature at least three different mediums/techniques to demonstrate your skills and talent, 2D, 3D & 4D techniques can be used, embedding, cut outs, alternative tip shapes and lengths, coloured powders, UV gels, air brushing, hand painted techniques, coloured polishes, base, and topcoats, polish secures transfers and tapes, embellishments, glitters, pigments and foils, fabrics.

2. Your entry must be accompanied by a step-by-step folder/booklet no more than 3 to 4 pages long with step-by-step photos of your work in progress.

Focus for judging will be on the Ten decorated nails presented on an A4 mood board, over which the theme is demonstrated.

Competition No. 7 – 11.00 am approx. Sponsored by The Great British Barber Bash

Barbering, Cut & Finish on a live model can be any gender.

Time allowed: 45 minutes. **1 Electric socket per competitor allowed.**

Refer to general rules also on page 2.

1. Competitors to produce a **masculine** commercial style using traditional Barbering Tapering skills, no clipper art allowed. Competitors **must cut hair from all sections of the head, including the hairline**, (Breaking of this rule will result in penalty points preventing placement).

2. Use of a flashlight or mobile phone light may be used for fading.

3. Models are not allowed mobile phones or Ipads.

Judges will observe at frequent intervals.

Focus for judging will be on the cutting skills used, the style's suitability to model's features, Creativity, well balanced, good finish.



The winner will also receive a 12-month premium account on Stylebook Directory

Competition No. 8. –11.00am approx. Regional only

Evening Style with Ornamentation on a professional feminine UNIFORMED COLOUR mannequin head

Competitors must be at school and aged between 14-16 years of age.

*Time allowed 30 minutes. **No electrical equipment can be used.***

Competitors will need to provide their own mannequin and floor stand.

Refer to general rules also on page 2.

1. *Hair can be pre-set, curled, crimped, or blown straight at the start of the competition, but no pre-plaiting or pony tails allowed.*

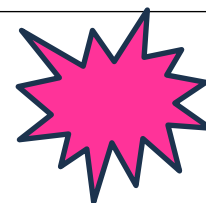
Focus for judging will be on the creativity, a degree of difficulty, a high standard of finish.

Competition No. 9 –11.00am approx. Sponsored by John O’Hara.

Fantasy Hairdressing total look on a live model (FREE CHOICE)

*Time allowed 30minutes. **No electrical equipment can be used.***

Refer to general rules also on page 2.



*1.This event allows the competitor to exercise creativity and imagination for a total look, full freedom of techniques in hair creation, no restriction on theme model **MUST** be dressed and make-up applied prior to the competition Prosthetics allowed.*

2. Any hair additions/ornamentation must be displayed at the start of the competition, 50% of models own hair must be integrated into the hair creation.

Judges will observe at frequent intervals.

Focus for judging will be based on Inspiration, creativity and the range of hairdressing skills and techniques used.

The winner will also receive a 12-month premium account on Stylebook Directory

Competition No. 10-11.00am approx. Sponsored by Dennis Williams.

Full Face Painting on a live model competitor to produce a full facial face paint.

*Theme: NATURE Time allowed: 45 Minutes. **No electrical equipment can be used.***

Refer to general rules also on page 2.

1. Models hair should be scraped back from the face and models should wear a plain White or black tee shirt.

2.Only cream/water based/oil-based face painting products can be used, no prosthetics, transfers, or spray paint allowed. The finished face paint must finish at the jaw line. Individually applied glitters, gems, jewels, feathers, and adornments can be used to enhance the face paint and must be applied within the competition time. (Only the face will be judged).

Focus for judging will be on good even coverage, degree of difficulty, creativity, overall look.

Competition No. 11 –11.00am approx. *Regional only*

Up to entry 3 Inclusive skills long hair fashion style to include a plait and ornamentation, on a professional mannequin head.

***Competitors can receive agreed support during the competition that is outlined in their support statement**

Competitors will need to provide their own mannequin and **floor stand**.

Time allowed 45 minutes. **No electrical equipment can be used.**

Refer to general rules also on page 2.

1 Learners must be working towards an entry level qualification.

2. All styling products, brushes, combs, pins, clips, and elastic bands are allowed. No added hair is allowed.

3. Ornamentation must be used to complement the style but must not be made from real or synthetic hair, it must not cover more than 25% of the head.

4. Mannequin must be of one uniform colour.

Focus for judging will be on the Creativity, a degree of difficulty, a high standard of finish.

Competition No.12 – 11.00am approx. Sponsored by Dennis Williams.

Commercial Nail Art Gel polish on a live model. Theme: *COLOUR INFUSION*

Time allowed 60 minutes. **1 Electric socket per competitor.**

Refer to general rules also on page 2.

1. Competitors to produce a gel polish finish on a model with natural nails, no props can be used, and both hands must be placed on the table for judging.

2. All work must be **free hand**. No transfers, or stencils to be used. LED/UV lamps must be used to cure the nails. **You must provide your own lamps that are compatible with the gel polish.**

(Breaking of this Industry requirement health & safety rule will result in penalty points preventing placement).

3. The models natural nails must be devoid of any polish, base coat, or any nail enhancement products. The nails will be scrutinised prior to the start of the competition to check that the model's nails are natural and free from any products.

Focus for judging will be on the Symmetry, neatness, choice of colour, shine & finish, one hand mirroring the other.

Competition No. 13 –12.00pm approx. Sponsored by Andrew Barton.

Commercial Feminine Cut and Blow on a professional mannequin head. Sponsored by Andrew Barton

Competitors will need to provide their own **feminine** mannequin and **floor stand**.

Time allowed 45 minutes. **1 Electric socket per competitor** Refer to general rules also on page 2.

1. **Competitors must cut hair from all sections of the head** to produce a commercial look. (Breaking this rule results in penalty points preventing placement)

Cutting will be witnessed on the competition floor by scrutineers and Judges.

Focus for judging will be on the cutting skills used, creativity, degree of difficulty, good finish.



The winner will also receive a 12-month premium account on Stylebook Directory

Competition No. 14 – 12.00pm approx. Sponsored by Salon Promotions, Neal & Wolf.
Bridal Feminine hair styling on a live model or professional female mannequin head.
(Competitors will need to provide their own mannequin and floor stand)

Time allowed 45 minutes. **No electrical equipment can be used.**
Refer to general rules also on page 2.

1. Competitors are required to create their chosen style; the hair may be up or down or a combination of both. The head can be pre-set but not dressed. Ornamentation **MUST** be used but must not cover more than 25% of the head. Artificial padding and added hair are allowed but are not mandatory.

Focus for judging will be on the hairstyle that complements a bride on their wedding day, creativity, finish.

The winner will also receive a 12-month premium account on Stylebook Directory



Competition 15- 12.00pm approx. Regional only

Prom themed make-up. Competitors can complete on themselves or on a live model.

Time allowed 45 minutes **Competitors must be at school and aged between 14-16 years of age.**
Refer to general rules also on page 2. **No electrical equipment can be used.**

1. Models must be devoid of make-up at the start of the competition, Create a look suitable for a prom. No airbrushing or spray paint allowed.
2. Hair, costume may be used to enhance the overall look and must be completed on the model before entering the competition floor.

Focus for judging will be on the skill of make-up application, Creativity, Neatness of application.

NEW TO REGIONAL

Competition 16 – 12.00pm approx. Sponsored by HABIA.

Glamorous Drag Make-Up Style on a live model, A4 coloured photo of model devoid of make-up to be Provided and model must be devoid of make-up at the start of the competition.

Time allowed 90 minutes. **No electrical equipment can be used.**
Refer to general rules also on page 2.

1. Full freedom of techniques to create total look, tapes and face lift tape is allowed. Headdresses and or wigs may be worn & must be added during the allocated time. Model must be dressed prior to the competition to reflect the total look.

2. No airbrushing allowed.

Costume and props are encouraged to be used to enhance the overall look.

Focus for judging will be on the overall total look of the model, and the skills used.

Competition 17 – 1.00pm approx. Sponsored by John O’Hara.

Feminine Fashion Blow dry on a pre-prepared cut & coloured professional mannequin head.

Competitors are required to create their **feminine style** on a pre-cut and coloured mannequin.

Time allowed 30 minutes. **1 Electric socket per competitor.**

Competitors will need to provide their own mannequin and **floor stand**.

1. The mannequin’s hair must be wet with water on the competition floor prior to scrutineering
2. Ornamentation is not allowed.

Focus for judging will be on the Individual Creativity, a degree of difficulty, a high standard of finish.



The winner will also receive a 12-month premium account on Stylebook Directory

Competition No. 18 – 1.00pm approx.

Editorial Style Make-up on a live model. Theme: HIGH FASHION MAGAZINE FRONT COVER

Time allowed in total 45 minutes. (Examples of magazine front covers can be seen on the AHT website) Refer to general rules also on page 2. **No electrical equipment can be used.**

1. Models must be devoid of make-up at the start of the competition, Competitors are to create a make-up look that has been inspired by a **HIGH FASHION MAGAZINE** the look must be suitable for an editorial shoot or runway.
2. Candidates must have a planned look created on an A4 sheet of paper which shows the Magazine name or their own creation of a Magazine both of which should include, Heading, Text, Information and Images which should show your Inspiration.
3. No spray paint allowed, or airbrushing allowed.
4. Hair, costume and any small props may be used to enhance the overall look and must be completed on the model before entering the competition floor. Only the makeup will be judged.

Focus for judging will be on the application, use of products, finish, and suitability for a High Fashion magazine front cover.

Competition No. 19 – 1.00pm approx. Sponsored by Morgan’s Pomade.

Barbering creative masculine cut & finish on a pre-coloured live model can be any gender.

Time allowed 45 minutes. **1 Electric socket allowed per competitor.**

Refer to general rules also on page 2.

1. Competitors to produce a **masculine** creative cut and finish on pre-coloured hair. Competitors **must cut hair from all sections of the head, including the hairline**, (Breaking of this rule results in penalty points preventing placement)

3. Use of a flashlight or mobile phone light may be used for fading.

4. Models are not allowed mobile phones or Ipads.

Competitors will be judged on inspiration, creativity, and degree of difficulty.

Focus for judging will be on the cutting skills used, creative cut and finish that shows off the colour.

The winner will also receive a 12-month premium account on Stylebook Directory

Competition No. 20 –2.00pm approx.

Feminine Bridal Make-up on a live model.

*Time allowed 45 minutes. **No electrical equipment can be used.***

Refer to general rules also on page 2.

- 1. Competitors to produce a **feminine** wedding make-up, models must be devoid of make-up at the start of the competition, no airbrushing allowed.*
- 2. Hair and bridal outfit may be used to enhance the overall look and must be completed on the model before entering the competition floor.*

Focus for judging will be on the application and technique of the makeup and overall look.

Competition No. 21 -2.00pm approx. Sponsored by Qualifi.

Feminine Evening Style can be on a live model or a professional mannequin head.

*Competitors are required to produce an overall **feminine** hairstyle to be created on the competition floor, Hair can be up or down or a combination of both.*

*(Competitors will need to provide their own mannequin and **floor stand**)*

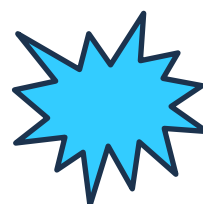
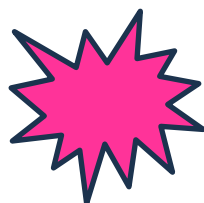
*Time allowed 45 minutes. **No electrical equipment allowed.***

Refer to general rules also on page 2.

- 1. Hair can be in its natural state or set from wet or dry, NO PRE-STYLING, if twists or plaits are used as part of the set, these must be removed prior to dressing.*
- 2. Added hair, padding or ornamentation can be used but must not cover more than 25% of the head.*

Focus for judging will be on the creativity, a degree of difficulty, a high standard of finish.

The winner will also receive a 12-month premium account on Stylebook Directory



Competition No. 22 – 2.00pm approx. Sponsored by City & Guilds.

Create an Image Based on a Theme. A team event created on a live model.

Team will consist of two competitors (1hair and 1make-up)

Theme: CARIBBEAN CARNIVAL

Time allowed 90 minutes. **No electrical equipment allowed.**

The overall result will be judged equally on hairdressing, make up skills and the suitability to the theme.

Refer to general rules also on page 2.

Hair Rules: 40 Minutes

1. Competitor to execute a hairstyle suitable for chosen theme. Ornamentation, hat's, added hair, padding etc. must not cover more than 25% of the head.

2. Hair can be pre-set, curled, crimped, or blown straight at the start of the competition, **but no pre-plaiting**, if twists, pony tails or plaits are used as part of the set, these must be removed prior to dressing.

3. Any hair additions or ornamentation or padding must be displayed at the start of the competition.

Make-up Rules: 40 Minutes

1. Competitor to produce a **make-up** suitable for the theme. Model must be devoid of make-up at the start of the competition.

2. Individually applied glitters, gems, jewels, feathers, and adornments can be used to enhance the make-up and must be applied within the competition time, no spray paint or air brushing allowed.

10 minutes to work as a team to finish.

Costume and props may be used to enhance the overall look of the theme and must be completed on the model before entering the competition floor. These must not hinder models' movement.

Focus for judging will be on the overall hairdressing and make-up skills, creativity, degree of difficulty and overall finish.

The wining hair competitor will also receive a 12-month premium account on Stylebook Directory



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ENTRY FEES FOR 2024:
£12.00 per competitor per competition.

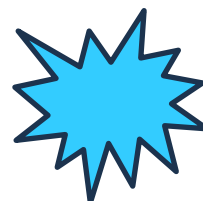
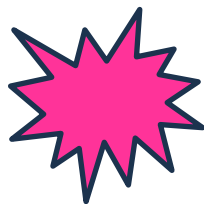
Please complete the AHT entry form.

The first 3 places go to National Finals from all areas. Additional finalists are allowed if the number of competitors in the competition exceeds 29

- **30-40 entries** = 4 places
- **41-50 entries** = 5 places
- **51-60 entries** = 6 places
- **61+entries** = 7 places

Forward your entries on the **official AHT entry form** to the regional area competition director.

- North West: DenisejohnsonAHTcompetitions@outlook.com
 - Midlands: robhaird@hotmail.co.uk
 - North East: lindsay.gaskill@ncl-coll.ac.uk
 - Scotland: mainmarion1@gmail.com
 - Southern: mark.pawsey17@gmail.com
 - Wales: djbassett@hotmail.com
 - South West: jenna.ratcliffe@weston.ac.uk
- Northern Ireland: JustineHiggins@belfastmet.ac.uk



The AHT would like to thank the following sponsors:



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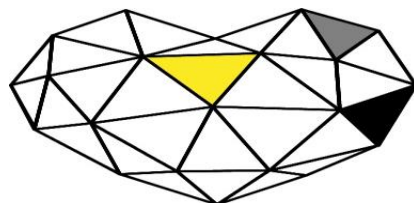
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