



***Regional Heats:
Leading to National final on Monday 12th May 2025
Venue: Norcalympia Festival Hall Norbreck Castle Hotel Blackpool***

***Jersey and Guernsey Wednesday 26th March 2025
Highlands College
Highlands Lane, St. Saviour, Saint Saviour JE2 7GU***

See page 6 for entry details.

Open to students enrolled on core programmes for Hairdressing, Barbering, Beauty Therapy or Media Hair & Make-up, Nail services at an accredited centre.

Three competitors per full current individual member or unlimited competitors from any one centre with a corporate membership may be entered in only one Area Competition for each category.

Any member submitting entries for Area Competitions must be a current full paid up AHT member on the 2nd February 2025 a full current member of the AHT.

Email: DenisejohnsonAHTcompetitions@outlook.com

General rules that apply to all competitions:

1. All models and competitors must be aged 16+. Except regional 14-16 competitions.
2. Hairdressing and barbering competitions are **suitable for all hair classification types.**
3. Make-up, body, and face painting are **suitable for all skin types/skin tone.**
4. **Models can be all genders;** however, competition outcomes may identify look required masculine/ feminine.
5. **Competitors in all competitions must have no more than three years' experience.**
6. Please be aware that competition times will not be held up for competitors or models in other competitions that are still being judged (**except in unusual circumstances**)
7. Small back mirrors **are** allowed.
8. **All styling tools and styling products are allowed.**
9. Models are not allowed to assist with the dressing of hair, passing of pins, hair spray etc. is acceptable.
10. All models can sit or stand for judging but could be asked to sit by a jury foreperson if needed.
11. Competitors and models must not wear clothing that contains any description of their college or training centre while they are on the competition floor.
12. Mobile phones, smart phones or I Pads are not to be brought onto the competition floor **by competitors or models.** (Failure to follow this rule will result in exclusion from the competition)
13. Any infringement of any rule may result in the competitor or team being asked to leave the competition floor.
14. Colleges/training centres that are found to be breaking the rules may be disqualified and not allowed to enter the competitions for the forthcoming year.
15. Competitors cannot use additional items of furniture unless with prior agreement with the national competition director as risk assessments are required. Adaptations for disabilities if required will be considered.

HEALTH AND SAFETY RULES

All electrical equipment must display the BSI kite mark.

It is the responsibility of all colleges, training providers, competitors, and models to follow Occupational Health and Safety Regulations, Legislation, and manufacturers protocols during their competitions. Failure to do so, may result in entrants being removed from the competition floor, this includes **skin testing i.e., allergy alert, glue testing, also equipment.** Please note that competitors and models with respiratory disorders will be exposed to airborne chemical irritants – e.g., aerosols. Themed /coloured contact lenses may be added before any competition starts. By entering the competitions, you are agreeing to comply with all associated Health and Safety rules and regulations.

Covid-19

The situation is continuously evolving as we monitor and respond to Covid-19 national and regional infection levels, and how these affect our normal activities.

Different requirements may need to be tightened or relaxed in response to data and it is important to keep abreast of any legal requirement or amendment in this respect.

For the attention of all learners, parents, carers, and guardians: -

Please be aware that all competitors, models, and the audience may be filmed or photographed, as the venue is a public area, and these images may be reproduced for publicity and marketing purposes. However, the AHT will not permit the publication of any personal information relating to any competitor other than their name and place of training.

EQUALITY & DIVERSITY

AHT is committed to promoting equality of opportunity regardless of race, gender, religion or belief, marital status, sexual orientation, disability, age, size, social background, or any other criteria which is relevant.

Competition No. 1 – 10.00am prompt.

1st year commercial Blow Dry on a professional feminine ABOVE SHOULDER mannequin head.
Competitors will need to provide their own mannequin head and **floor stand.**

Time allowed: 30 minutes. **1 Electric socket per competitor allowed.**

Refer to general rules also on page 2.

1. The technique is traditional blow styling only.
2. The mannequin's hair must be wet with water on the competition floor prior to scrutineering.
3. **No** straighteners or curling tongs can be used to finish the style.
4. The use of scissors to trim any stray hair is **NOT** allowed.

Focus for judging will be on the modern commercial every day style, good finish.

Competition No. 8. –11.00am approx. *Regional only*

Evening Style with Ornamentation on a professional feminine UNIFORMED COLOUR mannequin head

Competitors must be at school and aged between 14-16 years of age.

Time allowed 30 minutes. **No electrical equipment can be used.**

Competitors will need to provide their own mannequin and floor stand.

Refer to general rules also on page 2.

1. Hair can be pre-set, curled, crimped, or blown straight at the start of the competition, but no pre-plaiting or pony tails allowed.

Focus for judging will be on the creativity, a degree of difficulty, a high standard of finish.

Competition No. 9 –11.00am approx.

Fantasy Hairdressing total look on a live model (*FREE CHOICE*)

Time allowed 30minutes. **No electrical equipment can be used.**

Refer to general rules also on page 2.

This event allows the competitor to exercise creativity and imagination for a total look.

1. Full freedom of techniques in hair creation.
2. No restriction on theme model **MUST** be dressed and make-up applied prior to the competition
3. Prosthetics are allowed.
4. Any hair additions/ornamentation must be displayed at the start of the competition.
5. The use of scissors to trim any stray hair **is** allowed.

Judges will observe at frequent intervals.

Focus for judging will be based on Inspiration, creativity and the range of hairdressing skills and techniques used, including integration of models own hair.

Competition No.11 – 11.00am approx.

Commercial Nail Art Gel polish on a live model. Theme: *TORTOISESHELL*

Time allowed 60 minutes. **1 Electric socket per competitor.**

Refer to general rules also on page 2.

1. Competitors to produce a gel polish finish on a model with natural nails, no props can be used, and both hands must be placed on the table for judging.
2. The models natural nails must be devoid of any polish, base coat, or any nail enhancement products.
3. The nails will be scrutinised prior to the start of the competition to check that the model's nails are natural and free from any products.
4. All work must be **free hand**. No transfers, or stencils to be used.
5. LED/UV lamps must be used to cure the nails. **You must provide your own lamps that are compatible with the photo initiator in the gel polish.**

(Breaking of this Industry requirement health & safety rule will result in penalty points preventing placement).

Focus for judging will be on the Symmetry, neatness, choice of colour, shine & finish, one hand mirroring the other.

Competition No. 12 – 12.00pm approx.

Commercial Feminine Cut and Blow on a professional mannequin head.

Competitors will need to provide their own **feminine** mannequin and **floor stand**.

Time allowed 45 minutes. **1 Electric socket per competitor** Refer to general rules also on page 2.

1. **Competitors must cut hair from all sections of the head** to produce a commercial look. (Breaking this rule results in penalty points preventing placement)

Cutting will be witnessed on the competition floor by scrutineers and Judges.

Focus for judging will be on the cutting skills used, creativity, degree of difficulty, good finish.

Competition 18 – 1.00pm approx.

Feminine Fashion Blow dry on a pre-prepared cut & coloured professional mannequin head.

Competitors are required to create their **feminine style** on a pre-cut and coloured mannequin.

Time allowed 30 minutes. **1 Electric socket per competitor.**

Competitors will need to provide their own mannequin and **floor stand**.

1. The mannequin's hair must be wet with water on the competition floor prior to scrutineering
2. Ornamentation is **NOT** allowed.
3. Curling tongs and straighteners **are** allowed.
4. The use of scissors to trim any stray hair is **NOT** allowed.

Focus for judging will be on the Individual Creativity, a degree of difficulty, a high standard of finish.

Competition No. 19 – 1.00pm approx.

Editorial Style Make-up suitable for a fashion magazine front cover **on a live model**. Theme: **VOGUE**

Time allowed in total 45 minutes.

Refer to general rules also on page 2. **No electrical equipment can be used.**

1. Models must be devoid of make-up at the start of the competition.
2. Competitors are to create a make-up look that has been inspired by a **HIGH FASHION MAGAZINE** the look must be suitable for an editorial shoot or runway.
3. Candidates must have a planned look created on an A4 sheet of paper which shows the Magazine name which should include, Heading, Text, Information and Images which should show your Inspiration.
4. No spray paint allowed, or airbrushing allowed.
5. Hair, costume, and any small props may be used to enhance the overall look and must be completed on the model before entering the competition floor. Only the makeup will be judged.

Focus for judging will be on the application, use of products, finish, and suitability for a High Fashion magazine front cover.

Competition No. 24 – 2.00pm approx.

Create an Image Based on a Theme. A team event created on a live model.

Team will consist of two competitors (1hair and 1make-up) and will work together at the same time on the competition floor.

Theme: MOULON ROUGUE

Time allowed 90 minutes. **No electrical equipment allowed.**

The overall result will be judged equally on hairdressing, make up skills and the suitability to the theme.

Refer to general rules also on page 2.

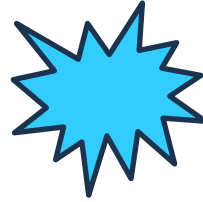
Hair Rules:

1. Competitor to execute a hairstyle suitable for chosen theme.
2. Ornamentation, hat's, added hair, padding, can be used.
3. Hair can be pre-set, curled, crimped, or blown straight at the start of the competition, **but no pre-plaiting**, if twists, pony tails or plaits are used as part of the set, these must be removed prior to dressing.
4. Any hair additions or ornamentation or padding must be displayed at the start of the competition.
5. The use of scissors to trim any stray hair **is** allowed.

Make-up Rules:

1. Competitor to produce a **make-up** suitable for the theme.
2. Model must be devoid of make-up at the start of the competition.
3. Applied glitters, gems, jewels, feathers, and adornments can be used to enhance the make-up and must be applied within the competition time.
4. No spray paint or air brushing allowed.

Costume and props may be used to enhance the overall look of the theme and must be completed on the model before entering the competition floor. These must not hinder models' movement.



ENTRY FEES FOR 2025:

£12.00 per competitor per competition

The first three places go to National Finals from all areas. Additional finalists are allowed if the number of competitors in the competition exceeds twenty-nine.

- **30-40 entries** = 4 places
- **41-50 entries** = 5 places
- **51-60 entries** = 6 places
- **61+entries** = 7 places

Forward your entries to the National competition Director:

- DenisejohnsonAHTcompetitions@outlook.com



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