



***Direct entry AHT Beauty skills competitions Sunday 7th May 2023
Venue Norcalympia Festival Hall Norbreck Castle Hotel Blackpool***

The beauty skills competitions focus on the role and tasks of a beauty therapist. This includes carrying out a range of current and traditional beauty therapy treatments. The selected treatments/services will reflect current industrial requirements. The requirements of these competitions will vary depending on the level entered. Each competitor will receive a certificate of entry, plus best practice feedback to both themselves and their lecturer/instructor explaining where skills can be further developed. This feedback will also benefit those wishing to further understand and appreciate the skills standard required to enter WorldSkills UK competition.

Open to all UK apprentice/trainees

***Entries to be submitted to Denise Johnson
National Competition Director by email:
Deniseahtcompetitions@hotmail.com***

***Entries will be accepted on the day if there are
places still available***

***For further information on competitions please contact Denise Johnson National
Competition Director:***

***Email Deniseahtcompetitions@hotmail.com
Website-WWW.aht-uk.com***

Prior to the day of the competition

Competitors should select a client who will be suitable to be their model for the competition, this can be anyone of any gender.

This model cannot be contra-indicated to the treatment and should be skin sensitivity patch tested prior to the competition day.

The model cannot be a lecturer or staff member of the college/training centre.

A beauty therapy practitioner is expected to have relevant theoretical and technical knowledge and there may be questions throughout the competition, so please be as prepared as possible.

A World Skills experienced judge will explain on the competition day how competitors notify the judge and scrutineer when practical components and started are finished.

Competition day

Each competition will have specific timing to include preparing the client for the specific treatment/service, delivery and conclusion of each treatment/service. A prepared treatment/service plan must be available, which is to be updated on conclusion of the competition.

Sunday Direct Entry No. 3 – 11.00am prompt.

AHT Skills: Back Massage with Exfoliation

Time allowed: **45 minutes.**

Treatment must include a pre-cleanse, exfoliation, and massage of the back, concentrating on the client's needs and areas identified in consultation, using a full range of massage movements utilising the 5 classical massage techniques.

Sunday Direct Entry No. 11 - 12.00pm prompt.

AHT Skills: Facial and Day Make-up

Time allowed: **75 minutes.**

Models must be wearing pre-applied foundation, mascara, and lipstick prior to the competition start

Treatment must include skin analysis, facial cleanse including make-up removal, finished with the application of moisturiser to prepare the skin for the day make-up service

Equipment

Competitors are responsible for supplying all products and equipment including towels.

Competitors must provide their own portable beauty couch for competitions.

AHT will, however, provide a clock, two chairs, table, and access to water.

No electrics are available.

Competitions will be held in the main exhibition hall alongside all other direct competitions.

Competitors are required to clean/tidy their work area at the end of the allocated time

General rules that apply to all competitions:

1. All **models and competitors** must be 16+.
2. Facial and Day make-up competition is **suitable for all skin types/colour.**
3. * **Models can be any gender.**
4. Please be aware that competition times will not be held up for models in other competitions that are still being judged (**except in unusual circumstances**)
5. Competitors and models must not wear clothing that contains any description of their college or training centre while they are on the competition floor.
6. Mobile phones, smart phones, ear pods or I Pads are not to be brought onto the competition floor by competitors and models. (Failure to follow this rule will result in exclusion from the competition)
7. Any infringement of any rule may result in the competitor being asked to leave the competition.
8. Colleges/training centres that are found to be breaking the rules will be disqualified and not allowed to enter the competitions for the forthcoming year.
9. Competitors cannot use additional items of furniture unless with prior agreement with the national competition director as risk assessment is required. Any adaptations for disabilities if required will be considered.

HEALTH AND SAFETY RULES

It is the responsibility of all colleges, training providers, competitors, and models to follow Occupational Health and Safety Regulations and Legislation during their competition, failure to do so may result in them being removed from the competition floor, this includes skin testing, glue testing, also, equipment e.g., portable beds etc.

Please note that competitors and models with respiratory disorders will be exposed to airborne chemical irritants – e.g., Aerosols

Covid-19

The situation is continuously evolving as we monitor and respond to Covid-19 national and regional infection levels, and how these affect our normal activities. Different requirements may need to be tightened or relaxed in response to data and it is important to keep abreast of any legal requirement or amendment in this respect.

By entering the competitions, you are agreeing to comply with All Health and Safety rules and regulations

For the attention of all tutors, learners, parents, and guardians: -

Please be aware that all competition entries may be reproduced for publicity purposes.

ENTRY FEES FOR 2023:

£15.00 per competitor per competition

Forward your entries to the national competition director:

DenisejohnsonAHTcompetitions@outlook.com

The AHT would like to thank the following sponsors: