



***Regional Heats:  
Leading to National final on Wednesday 10<sup>th</sup> May 2023  
Venue: Norcalympia Festival Hall Norbreck Castle Hotel Blackpool***

**Northern Ireland Monday 27<sup>th</sup> March 2023  
Belfast Metropolitan College**

***See page 6 for entry details.***

*Open to students enrolled on core programmes for Hairdressing, Barbering, Beauty Therapy or Media Hair & Make-up, Nail services at an accredited centre.*

*Two competitors per full current member from any one centre may be entered in only one **Area Competition** for each category.*

*Any member submitting entries for Area Competitions must be a full current member of the AHT.  
For information on competitions please contact Denise Johnson National Competition Director:*

***Email: [DenisejohnsonAHTcompetitions@outlook.com](mailto:DenisejohnsonAHTcompetitions@outlook.com)  
Website-[WWW.aht-uk.com](http://WWW.aht-uk.com)***

## **General rules that apply to all competitions:**

1. All models and competitors must be 16+. (Except competitions 8 & 15 regional heat only)
2. Hairdressing and barbering competitions are **suitable for all hair classification types.**
3. Make-up, body, and face painting are **suitable for all skin types/colour.**
4. **\*Models can be any gender.**
5. Models can be **changed for National finals.**
6. Please be aware that competition times will not be held up for models in other competitions that are still being judged (**except in unusual circumstances**)
7. Small back mirrors **are** allowed.
8. Models are not allowed to assist with the dressing of hair, passing of pins, hair spray etc. is acceptable.
9. All models can sit or stand for judging but could be asked to sit by a jury foreperson if needed.
10. Competitors and models must not wear clothing that contains any description of their college or training centre while they are on the competition floor.
11. Competitions requiring a photograph at the start must follow rules for size of picture. NO PHONE PICTURES AND NO PASSPORT PICTURES.
12. Mobile phones, smart phones or I Pads are not to be brought onto the competition floor **by models.** (Failure to follow this rule will result in exclusion from the competition)
13. Any infringement of any rule may result in the competitor or team being asked to leave the competition floor.
14. Colleges/training centres that are found to be breaking the rules will be disqualified and not allowed to enter the competitions for the forthcoming year.
15. Competitors cannot use additional items of furniture unless with prior agreement with the national competition director as risk assessments are required. Any adaptations for disabilities if required will be considered.

## **HEALTH AND SAFETY RULES**

*It is the responsibility of all colleges, training providers, competitors, and models to follow Occupational Health and Safety Regulations and Legislation during their competition, failure to do so may result in them being removed from the competition floor, this includes skin testing, glue testing, also equipment e.g., portable beds etc.*

*Please note that competitors and models with respiratory disorders will be exposed to airborne chemical irritants – e.g., Aerosols.*

*All electrical equipment must be PAT tested and labelled accordingly.*

*By entering the competitions, you are agreeing to comply with All Health and Safety rules and regulations.*

### **Covid-19**

***The situation is continuously evolving as we monitor and respond to Covid-19***

***national and regional infection levels, and how these affect our normal activities.***

***Different requirements may need to be tightened or relaxed in response to data and it is important to keep abreast of any legal requirement or amendment in this respect.***

**For the attention of all learners, parents, and guardians: -**

***Please be aware that all competitors, models, and the audience may be filmed or photographed, and these images may be reproduced for publicity purposes.***

**Competition No. 1 – 10.00am prompt Sponsored by HABIA**

**1st year commercial Blow Dry and Finish on a professional feminine above shoulder mannequin head.**

*(Competitors will need to provide their own mannequin head and floor stand)*

*Suitable for everyday wear Time allowed: 45 minutes.*

*Refer to general rules also on page 2.*

- 1. The technique is blow styling only.*
- 2. The mannequin's hair must be wet with water on the competition floor prior to scrutineering.*
- 3. Thermal irons or curling tongs can be used to finish off the blow dry but not mandatory.*

**Competition No. 2 – 10.00 am prompt Sponsored by City & Guilds**

**Barbering, Cut & Finish on a live model\*** can be any gender.

*Time allowed: 30 minutes.*

*Refer to general rules also on page 2.*

- 1. Competitors to produce a masculine commercial style using traditional Barbering Tapering skills.*
- 2. No clipper art allowed.*
- 3. No pre-cutting allowed competitors **must cut hair** from all sections of the head, including the hairline, (Violation of this rule results in penalty points preventing placement)*
- 4. Use of an open razor is allowed.*
- 5. Use of a flashlight/mobile phone light may be used for fading.*

*Models can be changed for National finals due to timescale.*

*Judges will observe at frequent intervals.*

**Competition No. 3 – 9.30am Prompt Sponsored by HABIA**

**Half Body Painting: on a live model\*** Competitors must have had no more than 2 years' experience.

*Theme: **GRAFFITI**- Time allowed: 3 Hours (there will be a 15-minute break after the first 90 minutes)*

*Refer to general rules also on page 2.*

- 1. Students have 3 hours to complete full upper torso from the waist, full front, back and face.*
- 2. No preparation on the body or the hair before the start of the competition. (Hair can be loosely tied up but not in a style) any false nails/nail varnish etc will be expected to be painted over during the competition times.*
- 3. No templates or stencils can be used Glitters, gems, and jewels can be used post body paint as a finish but must not cover more than 10% of the body within the time.*
- 4. Headdresses, hair pieces and bald caps may be worn & must be added during the allocated time.*
- 5. All make up materials including false eyelashes which are added within the allocated time can be used. No pre prepared skin additions are allowed, no direct modelling applications and no latex.*
- 6. Application method can be brush roller or sponge.*
- 7. Spray colour should not be used on the skin but may be used on the hair. No airbrushing allowed.*
- 8. There must be no referral to pictures, illustrations, or photographs.*
- 9. Competitors must provide their own protective floor and table covering.*
- 10. Hand-held and other props and costume may be used to enhance unpainted areas of the body but must not effect movement of the model*
- 11. Scrutineers will be in the competition area throughout the competition.*

**Models can wear any of the following: Skin toned bra without straps or skin toned bandeau top or skin toned nipple covers.**

***They must be applied before the start of the competition.***

***No pre colouring allowed all chosen coverage must be painted within the 3 hours***

**Competition 7 -10.00am approx. Sponsored by CENGAGE**

**Creative Nail competition judged on a pre-prepared presentation Mood Board: not on model.**

Theme: **POP ART** Refer to general rules also on page 2.

1. Judges will be looking for ten decorated nails presented on an A4 mood board, over which the theme is demonstrated.
2. Designs must feature at least three different mediums/techniques to demonstrate your skills and talent, 2D, 3D & 4D techniques can be used, embedding, cut outs, alternative tip shapes and lengths, coloured powders, UV gels, air brushing, hand painted techniques, coloured polishes, base, and topcoats, polish secures transfers and tapes, embellishments, glitters, pigments and foils, fabrics.
3. Your entry must be accompanied by a step-by-step folder/booklet no more than 3 to 4 pages long with step by step photos of your work in progress.

**Competition No.12 – 10.00am approx. Sponsored by Louella Belle**

**Commercial Nail Art Gel polish on a live model\* Theme: **CHIC AND TRENDY DESIGNS****

Time allowed 60 minutes.

Refer to general rules also on page 2.

1. Competitors to produce a gel polish finish on a model with natural nails.
2. **Judging will be on the nails only**, to include symmetry, neatness, choice of colour, shine & finish, no props can be used, and both hands must be placed on the table for judging.
3. All work must be **free hand**. No transfers, stencils, or stencils to be used.
4. LED/UV lamps must be used to cure the nails. **You must provide your own lamps.**
5. The models natural nails must be devoid of any polish, base coat, or any nail enhancement products.
6. The nails will be scrutinised prior to the start of the competition to check that the model's nails are natural and free from any products.
7. No visual aids.
8. No Jewellery except a wedding band allowed.
9. Manufacturers application instructions must be followed

**Competition 16 – 11.15am approx. Sponsored by HairFed**

**Feminine Fashion Blow dry on a pre-prepared cut & coloured professional mannequin head.**

Time allowed 30 minutes.

Refer to general rules also on page 2.

Competitors will need to provide their own mannequin and **floor stand**.

1. Competitors are required to create their **feminine style** on a pre-cut and coloured mannequin
2. The mannequin's hair must be wet with water on the competition floor prior to scrutineering
3. Ornamentation is not allowed.
4. No added hair is allowed
5. All styling tools and styling products are allowed.
6. 1 Electric socket per competitor.

**Competition No. 17 – 11.15am approx. Sponsored by Dennis Williams**  
**Editorial Style Make-up on a live model\* Theme: ELEGANT RED CARPET**

Time allowed in total 45 minutes.

Refer to general rules also on page 2.

1. Create a make-up that has been inspired by **ELEGANT RED CARPET** (ensure this is suitable for an editorial shoot or runway).
2. No diagrams, pictures, or photographs to assist the competitor allowed. No prosthetics, stencils, transfers or spray paint allowed. No cut out sponges or tape allowed.
3. No airbrushing allowed
4. Models must be devoid of make-up at the start of the competition.  
Any preparation e.g., false eyelashes etc. prior to the start or the competition are not allowed, these can be added but must be within the allocated time.
5. Judging will be based on the application, use of products, finish, and suitability for a commercial magazine cover.
6. Hair, costume and any small props may be used to enhance the overall look and must be completed on the model before entering the competition floor. Only the makeup will be judged.

**Competition No. 18 – 11.15am approx. Sponsored by VTCT**

**Barbering creative masculine cut & finish on a pre-coloured live model\* can be any gender.**

Time allowed 45 minutes.

Refer to general rules also on page 2.

1. Competitors to produce a **masculine** creative cut and finish on pre-coloured hair.
  2. No pre-cutting allowed competitors **must cut hair** from all sections of the head, including the hairline, (Violation of this rule results in penalty points preventing placement)
  3. Use of an open razor is allowed.
  4. Use of a flashlight/mobile phone light may be used for fading.
  5. All styling tools and styling products are allowed.
  6. 1 Electric socket per competitor
- Competitors will be judged on inspiration, creativity, and degree of difficulty.

**ENTRY FEES FOR 2023:**

**£12.00** per competitor per competition

*The first three places go to National Finals from all areas. Additional finalists are allowed if the number of competitors in the competition exceeds twenty-nine.*

- **30-40 entries** = 4 places
- **41-50 entries** = 5 places
- **51-60 entries** = 6 places
- **61+entries** = 7 places

*Forward your entries to the regional area competition director:*

- Northern Ireland: [fwarnock@belfastmet.ac.uk](mailto:fwarnock@belfastmet.ac.uk)  
[DenisejohnsonAHTcompetitions@outlook.com](mailto:DenisejohnsonAHTcompetitions@outlook.com)

*The AHT would like to thank the following sponsors:*



Louella Belle 

